



Senja Skyrace - Race regulations

1. Location

Senja Skyrace 2026 takes place at the northern part of Senja, between Fjordgaard and Husøy.

2. Route and navigation

The GPX file for the race can be found at the homepage. All participants are required to download and use the official GPX file for the race (phone, watch etc...)

- Start: Fjordgaard
- Finish: Husøy
- Length : 26 km
- Meters of altitude: ca 2400 m.

3. Mandatory equipment

All runners must carry the following equipment through the race:

- Windproof jacket
- Cap, buff or equivalent
- Fully charged mobile phone
- Emergency blanket blanket (rescuesheet)
- Bottle or soft flask (minimum 1 L of liquid at start)
- Nutrition
- Wool base layer/top (if weather conditions require it)
- Race bib (visible on the front during the race)

Random gear checks may be carried out before, during, or after the race.

Missing mandatory items may lead to penalties or disqualification.

4. Environmental responsibility

Senja Skyrace is held in a fragile landscape. All participants must stay on marked trails – cutting corners or leaving the course to gain an advantage is strictly prohibited. Littering results in immediate Disqualification.

Follow the *Leave No Trace* principles and show respect for nature, wildlife, and local residents.

5. Participation requirements

Participation is open to anyone over 16 years old in good physical condition who have adequately trained for the distance and who are used to being in the mountains.

6. Categories and prizes

Prizes will be awarded to the top three men and women.

All prizes must be collected in person during the official award ceremony – they will not be shipped afterward.

The prize details will be announced well in advance of race day.

7. Registration, transfer and refund policy

Registration is handled online through Racedays and remains open until all spots are filled.



If a participant chooses to withdraw, the entry fee will not be refunded.

Transfer or resale of entries is only permitted through our registration partner, Racedays.

Additional purchases such as socks or transport cannot be resold via the platform and must, if needed, be arranged directly between buyer and Seller.

8. Aid stations

Aid stations provide water and light nutrition. No disposable cups are provided – runners must use their own bottle or cup.

9. Safety, cut-offs and course changes

Cut-off times may apply at specific checkpoints for safety and logistical reasons. Details will be published closer to raceday. Runners missing a cut-off must stop and report to the nearest volunteer or aid station. In case of severe weather or safety concerns, the organizer may modify, shorten, or cancel the race.

No refunds will be given if the event must be altered or cancelled due to conditions beyond the organizer's Control. Participants must follow all instructions from race officials and volunteers.

10. Withdrawal

If you decide to withdraw, notify the nearest checkpoint or volunteer immediately. Transport back to the

finish area will be arranged when possible, but delays may occur.

11. Medical support

First aid and rescue personnel will be present along the course. In case of emergency, call 113 (Norwegian emergency number). All participants are required to stop and help if passing others in need.

The organizer is not under no circumstances responsible for injuries, accidents, or similar incidents that may occur on race day.

12. Disqualification

Grounds for disqualification include:

- Littering
- Leaving the marked course to gain an advantage
- Missing mandatory equipment
- Unsportsmanlike conduct
- Ignoring race officials' instructions

13. Image rights and data protection

By participating, runners consent to the use of event photos and videos for promotional purposes.

Personal data is handled confidentially and used only for race administration and results.